

## HORMONE FREE



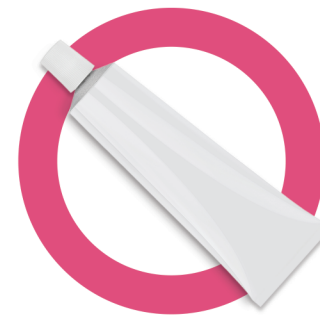
### VAGINAL pH MODULATOR

- A vaginal gel that keeps the vagina in the normal acidic range (3.5-4.5), which lowers sperm mobility and the chance of sperm reaching the egg
- Inserted into the vagina immediately before (or up to 1 hour before) each act of vaginal sex



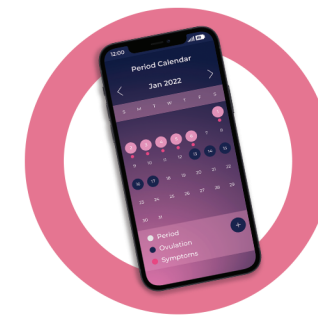
### CONDOM

- A barrier that covers the penis or vagina during sex
- Protects against HIV, other STIs, and pregnancy



### SPERMICIDE

- A cream or film that contains the chemical nonoxynol-9 to prevent pregnancy
- Inserted into the vagina before vaginal sex



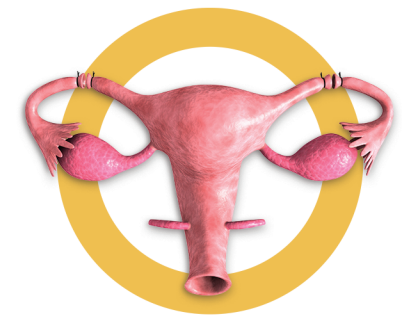
### FERTILITY TRACKING

- The tracking of a woman's menstrual cycle and/or other fertility signs such as temperature and vaginal discharge
- Vaginal sex is avoided on days that are likely to be most fertile



### COPPER IUD

- A device placed in the uterus by a healthcare professional
- Approved for up to 10 years of use



### TUBAL LIGATION (getting "tubes tied")

- Sterilization surgery that is usually permanent
- For women who are sure they don't want a future pregnancy

used in the moment

semi-permanent or permanent option

# BIRTH CONTROL IS PERSONAL. WHICH METHOD\* MEETS YOUR NEEDS?

## CONTAINS HORMONES

daily use



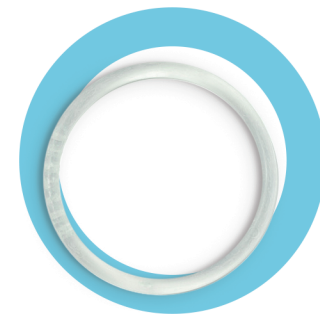
### ORAL CONTRACEPTION ("the Pill")

- A pill containing hormones that prevent pregnancy
- Taken every day at the same time



### PATCH

- A stick-on patch that releases hormones through the skin
- Replace once a week for 3 weeks; remove for 1 week



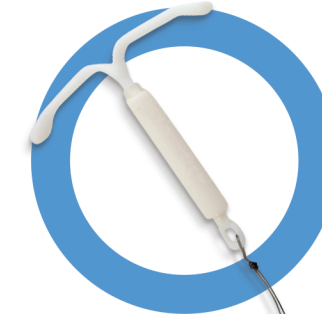
### RING

- A flexible ring that contains hormones and is inserted into the vagina by the woman
- Insert for 3 weeks; remove for 1 week



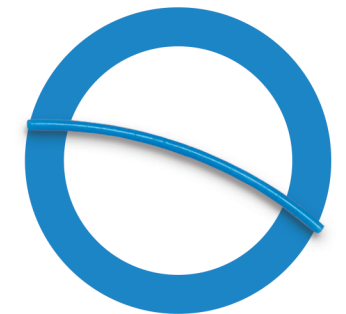
### INJECTION

- An injection of hormones by a healthcare professional
- Injection required every 3 months



### HORMONAL IUD

- A device placed in the uterus by a healthcare professional
- Approved for up to 3 to 7 years of use



### IMPLANT

- A small silicone rod inserted under the skin on the inside of the upper arm by a healthcare professional
- Approved for up to 3 years of use

semi-permanent or permanent option

\*Products are not shown at actual size.

### INDICATION

Phexxi® (lactic acid, citric acid, and potassium bitartrate) is an on-demand method of birth control used to prevent pregnancy. Phexxi is not effective when used after sex.

### IMPORTANT SAFETY INFORMATION

Rare cases (0.36%) of bladder and kidney infection have been reported. If you have a history of urinary tract problems that keep coming back, you should not use Phexxi.

Please see additional Important Safety Information on back and accompanying full Product Information for Phexxi.

### **IMPORTANT SAFETY INFORMATION (CONT'D)**

Contact your healthcare provider if you are experiencing genitourinary side effects such as vaginal burning, itching, discharge, genital discomfort (including in male partners), yeast infection, urinary tract infection or bacterial vaginosis.

Phexxi® does not protect against any sexually transmitted infections, including HIV. Avoid using Phexxi with a vaginal ring.

Avoid Phexxi if you or your sexual partner is allergic to lactic acid, citric acid, potassium bitartrate, or any of the ingredients in Phexxi. Stop using Phexxi if you develop an allergic reaction.

**For more information about Phexxi, talk to your healthcare provider and see full Product Information.**

**Please report side effects by contacting Evofem Biosciences® toll-free at 1-833-EVFM BIO or contact FDA at 1-800-FDA-1088 or [www.fda.gov/medwatch](http://www.fda.gov/medwatch).**

Please see additional Important Safety Information on front and accompanying full Product Information for Phexxi.



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